



**Cheshire East  
Information, Advice  
& Support**

**Information leaflet  
for children and  
young people**

**Providing confidential, impartial support and advice for parents, carers,  
children and young people in relation to Special Educational Needs and Disability**

## **Information, advice and support you can get and what should happen?**

Are you **aged 25 or under**?

Are you **disabled** or do you have **special educational needs**?  
(**Special educational needs** are when you need extra support to learn things.)

The law says that you can get **information, advice and support**.

You can come to us if you want some **help** with getting the right kind of:

- **Support** at school, college or training
- **Health** services
- **Care** and support

Most people who are 16 years old or more and have finished Year 11 can make their own decisions about their school or support.

If you would like a **parent or carer** to help then that is OK. It is up to you.

If you are **under 16** years old, then we will need to talk to your **parents or carers** before we make any decisions.

Our service is impartial. This means we will not tell you what to do. **We will not take sides**.

We will give you the information and support you need to make your own choices.

Our service is confidential. That means our meetings will be **private**. We will only tell people what we talk about if you say it is ok. We also need to tell someone if we think you are in danger of being hurt.

If you are **not happy** with our support then please **tell us** how we can make it better!

*Leaflet updated: August 2016*

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