



**Cheshire East
Information, Advice
& Support**

**Information leaflet
for young people**

Providing confidential, impartial support and advice for parents, carers, children and young people in relation to Special Educational Needs and Disability

Getting the right kind of support

In the past, children and young people who needed extra help with learning had **Statements** and **Learning Difficulty Assessments**.

This has changed. Now they will have **Education, Health and Care plans** instead. Sometimes these are called **EHC plans**.

The plan will use information from your EHC Needs Assessment to say what you want to **achieve** and what **support** must be provided to help you.

What is in the plan?

Everyone will have a different plan because it is **all about YOU**. We are all different.

It will have information like:

- **Who** you are
- How you **communicate**
- What you want to **achieve**
- Why you **need help** with things
- What **kind** and **amount** of support you need, and **how often** you must get it
- Where you go to school or college (if you do)

Once this support is written down in the plan, it **must** be given to you.

All the people that support you will be able to see your plan. It should help them work together to support you.

You have the **right** to say what kind of information you think should be in your plan and who you want to see it.

Who gets a plan?

If you had a **Statement** before, then this could be changed to an **EHC plan**. If it is going to be changed it should happen **before April 2018**.

If you have a **Learning Difficulty Assessment** (LDA) you can **ask** for an Education, Health and Care Needs Assessment.

If you are aged **25 years or under** and you need extra help with learning then you might get a plan to help you get more support.

EHC plans will carry on until you are **25 years** old. They will **stop** if:

- You go to **University**
- You get a **job**
- The local authority think you **do not need** it anymore

You can tell the local authority what you think about your plan and they must listen to you.

The local authority are sometimes called 'the council'. They might say that you do **not need** an EHC plan anymore if there are **big changes** that mean you no longer need the support in the plan. They will tell you first.

If you **do not agree** then you can say so. You can ask your local **Information, Advice and Support Service** for **help**.

Will someone help me to get a plan?

There are people called **Independent Supporters** who are there to **help** families move from Statements to EHC plans.

You can **ask your local authority** to help you find an Independent Supporter.

To find out more about EHC plans, go to: www.youtube.com/user/WatchCDC

Information, Advice and Support Services can help if you have any **questions** about your EHC plan, Learning Difficulties Assessment or Statement.

The "Special educational needs and disability code of practice: 0 to 25 years" can be downloaded from <https://www.gov.uk/government/publications/send-code-of-practice-0-to-25>.

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