



**Cheshire East
Information Advice
& Support**

Newsletter

A service for children & young people who have Special Educational Needs or Disability & their families

**A new
name for the
Parent
Partnership
Service**

Stop Press
"Special educational
needs and disability -
A guide for parents
and carers" has
just been published.
See page 5 for
download details

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What's on

Autumn 2014



www.cheshireeast.gov.uk/ceias

Cheshire East Information Advice and Support Service

This is the new name for the Parent Partnership Service.

This remains a free and confidential service which is available to all parents and carers of children aged 0 to 25 who have Special Educational Needs or Disability. The service will now be available directly to young people aged 16-25. All staff are trained and experienced in supporting parents and will work with parents to develop trusting relationships. The service is impartial and operates at arm's length from the Local Authority and Clinical Commissioning Groups.

- The service will listen to concerns from parents and young people and ensure their views are taken in to account by professionals
- The service can help parents and young people to prepare for meetings and to attend meetings with them as appropriate
- The service will produce information that is accurate and relevant to the needs of the parents, carers and young people.

In addition, CEIAS can offer support to families and young people who are applying for an Education Health and Care assessment and will provide information and guidance around the offer of a Personal Budget. We have a small team of fully trained Independent Supporters who will be available to work with families and young people to guide them through the changes and to assist with the completion of the new documentation.

How to get in touch:

E-mail: parentpartnership@cheshireeast.gov.uk

Post: CEIAS, FREEPOST RSSU-KCZX-HXSC,
Floor 4, c/o Municipal Buildings, Earle Street,
Crewe, CW1 2BJ

Tel: 0300 123 5166

Want to see the next newsletter as soon as it is produced and receive updates throughout the term?

You can "like" us on Facebook, follow us on Twitter or contact us and we will add you to our e-mail alert and bulletin service.

All details and events correct at time of print.

If you do not have web access but want the additional information referred to in any of the articles in this newsletter, please do contact us and we will print and send it out to you.

If you need this newsletter in a different format please see it on our web pages - there you will be able to hear it, enlarge the text, or see it in a different language via Google Translate.

A new term has begun and for many parents it is the start of a new chapter with children setting off for pre-school or starting school for the first time. At the other end of the age range, we have young people moving on to college and university or into jobs. As parents you may be feeling a mixture of anxiety and excitement as you see all the new possibilities ahead.

We feel the same! We are starting a new chapter with a new name and new responsibilities. We are a little anxious as we take on new duties. However, we do feel very positive about the opportunities that this presents for parents and young people to have a greater choice and control.

You need to be reassured that we are still here to support you

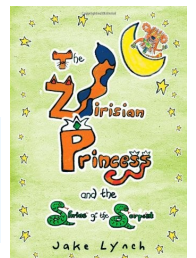
- We will work hard to help you to understand the changes and what they will mean for you and your child
- We will work with you to find the best way to support your child
- We will support you in making you and your child's voice heard
- We will make sure that you are involved in decisions about your child.

You can see our new name on the front page and our new telephone number together with our website details.

A Cheshire East Student Talks at The Autism Show

One of our students recently spoke at 'The Autism Show' in Manchester. He has written an article about his experience and it can be viewed in full on our website. Here is the start of the item:

"Hi, my name is Jake, I'm 19 and have autism, Tourette's syndrome, adhd, O.C.D and dyspraxia...my family often joke and say that I'm like a professor with so many letters after my name!"



Early Years Event

CEIAS (formerly Parent Partnership Service) is to host an Early Years Event on Wednesday 22nd October 2014. This event is for parents and carers who have a child under the age of 5 with an SEN, with or without a Statement/Education Health and Care Plan and are preparing for their move into Pre School/Primary School. This can be a daunting time for parents, so this event aims to provide parents with useful advice and guidance which will help in planning this next step. We plan to have a range of speakers who will offer relevant information as well as information leaflets and packs to take away on the day. We will put a full programme of the event and confirmed speakers on the website prior to the day. The event starts at 10.00am and will finish at 2.00pm the venue is St Peter's Church Hall, School Lane, Elworth, Sandbach CW11 3HU. A light lunch and refreshments will be provided and free parking is available at the venue. Unfortunately we are unable to provide crèche facilities at this event.

For further information please visit the website www.cheshireeast.gov.uk/ceias. To book a place at this event call 0300 123 5166 or e-mail parentpartnership@cheshireeast.gov.uk.



Meet the Professionals Review

Parent Partnership hosted a Meet the Professionals event in July 2014 at Crewe Alexandra Football Club. Over 80 people attended the event. Talks were given by our team about the future of our service and Jude Nash from the Assessment and Monitoring Team about the new systems that will be in place in Cheshire East after 1st September.

Attendees then chose to hear from various speakers, they were:

- Janet Roberts, ADHD Nurse
- Lisa Tydd, Cheshire Carer's Centre & Disabled Children's Database
- Sue Scarle and Janet Threader, Cheshire East Autism Team
- Doreen-Ann Newsome and Vicky Booth, Cheshire East Consultation Service (ChECS)
- Natalie Hewitt and Alison Woodhouse, Community Learning Disabilities Team
- Nicola West, Educational Psychology Service
- Cara Middleton, Family Support Service
- Colin McKenzie, Personal Budgets
- Gill Pickford and Gill Tyler, Speech & Language and Occupational Therapy.



Feedback from the day was very positive with most attendees finding the event helpful. Thank you to the speakers and all of the parents who attended the day.

We are considering running a 'Meet the Health Professionals' event next year. If you have any suggestions for professionals we should invite to speak or are a health professional interested in speaking please let us know.

Educational Psychology Sessions

The Educational Psychologist (EP) Service will be offering free sessions to parents/carers and educational professionals in Children's Centres across Cheshire East during the autumn term. This is an opportunity to ask any questions or raise concerns about the well-being, behaviour, learning or development of your child or a child that you work with.

To find out the dates for the autumn term please ask at your local Children's Centre or contact the Educational Psychology Team by e-mail educational.psychologists@cheshireeast.gov.uk or telephone 01625 374794.

The Children and Families Act

After many months of consulting, writing and revising the new act is now law.

From 1st September this will change the way children and young people with special educational needs and disabilities are supported.

This changes include...

- The Act now covers 0 - 25 age group
- The definition of Special Educational Needs has not changed
- The Local Authority must work with health and social care when they are deciding on the support for young people
- Statements will remain in place until a review is held
- If the needs of the child and young person have not changed the statement will be converted to an Education Health and Care plan
- If your child is at a transition point, for example they might be starting school, moving to secondary school or leaving school they will have their statement converted in the next year
- Learning Disability Assessments (LDAs) will be replaced by Education Health and Care plans
- Education Health and Care plans are legal documents
- Parents and young people may be able to receive a Personal Budget to pay for the provision set out in the Education Health and Care plan
- By April 2018 all statements will be Education Health and Care plans
- Guidance for schools is contained in the Code of Practice 2014
- Each Local Authority must publish a Local Offer which will set out information about all the services and support that is available. Read more about this on page 5
- Local Authorities must ensure parents and young people have access to independent advice and information
- The right to appeal against decisions remains.



No child or young person should be left without support because the system is changing. If the needs of your child have not changed they should receive the same level of support.

We will be updating our leaflets to reflect the changes and we expect to have these available shortly.

If you would like more detail then please visit

- www.legislation.gov.uk/ukpga/2014/6/contents/enacted (section 3)
- www.gov.uk/government/publications/send-code-of-practice-0-to-25
- www.cafamily.org.uk
- Council for Disabled Children www.councilfordisabledchildren.org.uk
- IPSEA www.ipsea.org.uk.

Education Health and Care Plan Workshops are being presented to parents, carers and professionals in September and October. See page 10 for details.

New Independent Support

From September there will be a newly trained and accredited team of Independent Supporters in place to work with parents. The role of the Independent Supporter is to help those families who are going through an Education Health and Care Plan assessment or want support to access Personal Budgets.

Parents will be able to request this support through the Cheshire East SEND Information Advice and Support Service (CEIAS) or Edge Inclusion Consultancy. The contact details for CEIAS are on page 2 and more information about Edge Inclusion Consultancy can be found on www.edgeinc.co.uk or phone 07790 500 487.



What you need to know about the Cheshire East Local Offer

As a parent, have you ever wished you could go to one place to find information and support for you and your son or daughter?



If so, you will be interested in the new Cheshire East Local Offer for Special Educational Needs and Disability. This resource will provide information about education, health and care services as well as details of a range of leisure activities and support groups for you and your family.

This has been produced in collaboration with parents and it will be reviewed by parents and updated at regular intervals.

The Local Offer will be available for you online and in other formats from 1st September and you can access this by going to the following website www.cheshireeast.gov.uk/localoffer.

“Special educational needs and disability - A guide for parents and carers” has just been published. You can download it at www.gov.uk/government/publications/send-guide-for-parents-and-carers.

New Guide for Parents Launched to Help Them Understand the Changes to SEN Provision

A new free online guide has been launched by Dyslexia Action, a national charity, to help explain the changes happening in England from September 2014. It will help parents and carers, who support children with literacy difficulties including dyslexia, navigate the changes in Special Educational Needs.

The ‘How to...Navigate the changes in Special Educational Needs and Disability (SEND) provision’ guide, highlights the new legal requirements that schools and colleges have a duty to follow in England, under the ‘SEN and Disability Code of Practice: 0-25 years’ and what this means for children with special educational needs. It relates to the Children and Families Act which was passed through parliament in March 2014.

Included is information on:

- What is changing in relation to Special Educational Needs and Disability
- Education, Health and Care Plans
- How a Local Offer should help
- What should happen if a child is assessed as being disabled by their dyslexia
- Who will receive a Personal Special Educational Needs Budget
- If dyslexia is identified what approach should be taken by the teacher
- What parents can do if they are not happy with the support their child receives
- Useful contact details for other organisations that can offer helpful advice and/or support.



Dyslexia Action Chief Executive Kevin Geeson said: “We are delighted to have produced this easy-to-read document if it helps to allay parents’ fears concerning the expected changes in special educational needs and reassures them about what the changes will mean for their children in schools.”

To access Dyslexia Action’s ‘How to...Navigate the changes in Special Educational Needs and Disability (SEND) provision’ Guide visit www.dyslexiaaction.org.uk.

Parent Carer Forum News



Major changes are planned in the world of Special Education Needs and disabilities (SEND) from September following the new Children and Families Act. One of the key principles around the reforms is to place children, young people with SEND and their families at the heart of the new process. This means PARENT CARERS can help make services better for disabled children and their families in our local area.

This is a fantastic opportunity for parents to have their say about the services commissioned and delivered for our children.

The Parent Carer Forum has already been working closely with the Local Authority with the planned changes and you may have been to one of our events already and contributed to some of the plans. The professionals working on this project really want parents to actively contribute or 'participate' in the development of this new system. This can be done in a variety of ways from going along to council meetings as a parent representative through to answering (or asking) questions at a forum or completing an on-line survey. What we need most of all is lots of parent voices from all our different families with disabled children to give a true picture of the needs in Cheshire East. We are all passionate about our children so let's start speaking up for them in a constructive way.

We need you to join the forum now and start discussing how we can improve the lives of our children and families. No one knows our children like we do and we often have great ideas about solving some of our difficulties. Some of you may be sceptical about parent involvement being just a token gesture but the culture is changing and parents are now been recognised as having a wealth of experience that can be used to make things better. The more parents that have their say the stronger our message will be. If we don't speak up and work in partnership with the commissioners and providers of the local services we can't blame them if they get it wrong.

The forum needs to know how we can involve more parents. How can we involve YOU?

What would work for you? Smaller meetings? Evening meetings? On-line surveys?
Local meetings? Focus groups around particular concerns?

We are open to suggestions because the forum is about all parents participating in some form to influence policy and provision.

Parent Carer Members will benefit from advice, signposting, training and the ability to ask questions of other carers and professionals, as well as attending events. Many of our parent carer members also say the benefit of the Forum is to have easy access to friendly, local people who understand what it's like to have a child with additional needs and are willing to help.

We have recently launched a website www.cepcf.org where parents and carers can find out about what's happening with reforms to Special Educational Needs, activities for families and children with disabilities in Cheshire East and where parent carers can ask questions about issues affecting their family.

The website was developed by Thrive Creative, based in Congleton, who we were introduced to by Cheshire Skillshare. The partnership formed between Thrive and Cheshire East Parent Carer forum was recently acknowledged by



the Lord Lieutenant of Cheshire who arranged for a certificate to be presented at a Recent Open Forum:



If you would like to join Cheshire East Parent Carer Forum, to take advantage of the help and advice available and also to help us provide input to service providers please register at www.cepcf/login-register. We will be providing ongoing training and information events for parents and will keep parent members of the forum updated on this and any other news which will affect the education, health and care of our children.

All CEPCF articles are written by Suzanne Hoxworth, Chair.

Web: www.cepcf.org E-mail: cheshireeastpcf@gmail.com
Telephone: 07794 431768

Our next Open Forum is Thursday 13th November 7.00 - 9.00 pm at Middlewich Community Church. Refreshments served from 6.30pm.

You can help set the agendas for the Open Forums by telling us what is most important to you.

From September we are going to be involved in many different areas, all important to parent carers and all which will need input from you:

- Review of Short Breaks
- Consultation on conversion to Education, Health and Care Plans (EHCP)
- Continued involvement with the Local Offer including highlighting the gaps in services
- Consultation on Personal Budgets

Just joining the forum enables you to find out about our events and participate in any way you feel you can. If you want to play a more active role in the forum, we are running some training in October – see below.

If you just want to learn more about Parent Carer Forums, Contact A Family are running some information sessions in September – see page 8.

We also currently have a vacancy of secretary on the steering group.

Please contact me if you require any further information about the forum

I hope to hear from you or see you soon.

Parents Speaking up for Their Children in Cheshire East Free 2 Day Training Course Wednesdays 8th and 15th October, 10.00am – 2.30pm lunch provided. Venue: Middlewich Community Church, Brooks Lane, CW10 0JG

Who should take part? Anyone who has a child with a disability who wants to become more involved in shaping the services commissioned and delivered throughout Cheshire East.

What will I learn?

- Tips and strategies to help you get the most out of meetings
- Communication skills that will help you feel more confident when expressing your views
- What is meant by 'participation'

How will I learn?

- By having discussions and joining in group activities
- By sharing your own knowledge and experience with other parents and learning from them in return

What will I be able to do at the end of the two days?

- Use the tips, strategies and skills you've learnt to prepare for meetings and take part in them effectively
- Understand the different types of participation
- Speak up more confidently for children in Cheshire East, whether it's your own child or on behalf of the Parent Carer Forum

Some of the topics that you will cover:

- Using positive language
- Active listening
- Developing rapport
- Understanding different perspectives, from parents and professionals
- What participation means and why it's important
- Explore the role of the parent representative
- Tips on how to stay calm and feel confident in meetings

For more information or to book a place contact Suzanne at cheshireeastpcf@gmail.com
All transport and childcare costs will be covered as per our expenses policy.

Contact a Family: Free Workshop for Parents of Children With Special Educational Needs and Disabilities

You can help make local services better for disabled children and their families in your local area.

22nd September 2014, 6.30 - 9.30pm (arriving from 6.00 pm, refreshments on arrival) or
23rd September 2014, 10.30 am - 1.30 pm (arriving from 10.00 am, free lunch provided)
At Room Four, 58 Legh Street, Golborne, Warrington, WA3 3PA.

There are lots of changes planned in the world of SEN and local service. Come to our workshop to:

- Find out how you can work with other parents to help make local services better for families of disabled children with SEND and/or a disability
- Learn about parent carer forums and what they do
- Find out about "parent participation" - what it is and why it works!

The "parent participation" workshop is aimed at parents and carers of children and young people with SEN and/or a disability who have **little or no experience of parent participation**.

To book a free place e-mail ruth.stannard@cafamily.org.uk or call 020 7608 8784.

Cheshire & Warrington Carers Centre Parent Carer Information & Support



Are you aware of the free services available to support parents and carers from Cheshire & Warrington Carers Centre?

The Carers Centre is a local charity, celebrating it's 20th year providing information, advice and support to anyone caring for another person (not including paid/employed carers) in Cheshire East, Cheshire West and Chester or Warrington.

Support includes personal budgets, benefits advice, complimentary therapies and training events. The charity is a service for parents and carers of children and young people, even if your child does not have a medical diagnosis. The service is free and carers can self refer. Parent carers will receive newsletters, have access to the Carers Caravan, can register their child on the disabled children's database, receive invitations to events such as family fun days and leisure days providing parent carers with the opportunity to meet together for mutual support, friendship and access to information.

Planned events include Parent Carer Day at Cranage Hall on 10th October, kayaking, confidence workshop, spa days, coffee mornings and family fun day. The Parent Carer Information and Support Service works closely with Cheshire East Parent Carer Forum so that parents have their voices heard and help to shape future services to meet the needs of families.

To find out more please e-mail dcd@cheshirecarerscentre.org.uk, telephone 01606 352834 or join our facebook group *Cheshire Carers Centre*.

Get a Free Copy of Money Matters – a Checklist When Your Child has Additional Needs

Contact a Family know times are tough. As a parent of a child who has additional needs, you are often entitled to a number of benefits and other financial help.

Money Matters is a checklist of benefits and financial help for families. It covers:

- help with rent, mortgage and council tax
- help at work
- help at home
- money and vouchers for having children
- help at school
- transport
- practical help, and
- benefits.



Parents can call the freephone helpline on 0808 808 3555 for a free copy or download Money Matters from <http://goo.gl/UP5i72>. Make sure you're claiming everything you're entitled to.

What Will You Discover at Your Local Children's Centre?

Cheshire East Family Service comprises of 11 Children's centres and 3 Family centres. Our centres offer information, advice and a wide range of services for families living in Cheshire East from universal stay and play sessions through to supporting parents in their own homes.

Our **Children centres** work closely with a range of partners, such as health and employment services. Together they provide integrated services to improve outcomes for children 0 - 4yrs.



Children's centres work with all young children within their communities and have a programme of free activities available both at their main sites and outreach into our more rural areas, all of our centres have either a 'sensory' room, sensory sessions for parents and children or can loan sensory suitcases for families to use in their own homes.

Children's centres are committed to ensuring their services are accessible to all and especially to those most disadvantaged in order for all children to have the best start in life. We understand some families may find it difficult to access centres please be reassured we are welcoming and friendly, come along and see what we have on offer.

Please check out www.cheshireeast.gov.uk and search for your local centres activity timetable or telephone family information service on **0300 123 5033**.

Written by Jan Cooper, South Locality Manager Cheshire East Family Service.

Tourette's Syndrome

Tourette's syndrome or TS as it is also known, is a neurological condition. Key features of TS are 'tics'. Tics are involuntary and uncontrollable sounds and movements. This is a condition that covers a wide spectrum of symptoms including simple motor tics, such as repetitive eye blinking, nose twitching and head jerking.

Tics usually start in childhood, around the age of 7 and may be at their worst between 10-12 years. It is thought that the onset of puberty might have something to do with this. For approximately half of the people with TS by the age of 18 most symptoms disappear. Every single person with TS will be different and may have completely different symptoms...you meet one person with Tourette's... you have met one person with Tourette's!

Over 85% of people with TS have more than just tics. This might include OCD (obsessive compulsive disorder), ADHD (attention deficit hyperactivity disorder) and ASC (autistic spectrum condition). TS is sometimes referred to as the 'swearing syndrome', when in fact only around 18% of people with TS ever do this and they may not do this the entire time. If your child has TS then school or college should make reasonable adjustment to accommodate him or her.

If your child has been diagnosed with TS, medication may be offered to try and alleviate some of the symptoms. Medication will not cure TS; it might help to calm some symptoms to give your child some relief from the possible pain and strain from the repetition of tics. Some individuals do not respond to medications and some prefer not to take them as the side effects make them feel unwell. Psychological therapies, most significantly Cognitive Behavioural Therapy, are also having degrees of success with some people with TS. There are also on-going trials of a procedure called Deep Brain Stimulation in people with extreme cases of TS, which has reduced instances of tics in some patients, although the results so far are mixed. There is some evidence that following a healthy lifestyle can help reduce tics.

There is help available from Tourettes Action including a helpline, support groups and a helpful website www.tourettes-action.org.uk.



SPACE4AUTISM is run by parents/carers as a place to meet people in the same position as themselves, to share experiences and knowledge. The group is relaxed and friendly; it is open to all carers of people with ASC (Autistic Spectrum Condition) who feel that meeting others would help them.

SPACE4AUTISM hold monthly meetings at the above address on the third Monday of every month. They hold small presentations and lively focused discussions; occasional larger talks with well known external speakers on relevant topics; family activities; all with some fun thrown in for good measure! See "What's On" for further details.

Space4Autism Clubs

Space for Kids – A social skills club for children aged 5 - 9 years who have an ASC.

Fun Friday – This is a club for children aged 10 - 13 years getting them ready to move up to Space for You.

Space for You – A youth club for teenagers aged 13 - 18 years who have ASC.

NEW: Space4Autism Family Yoga Sessions – A relaxed Yoga class delivered by Kay Locke from Yoga2Calm who specialises in SEN Yoga. This is open to all family members (you do not have to live in East Cheshire to access this club). You can bring along your children or just come by yourselves. Children must be 6 years old and over to attend. Children can participate however we do understand that some may not want too, so we will have quiet games for them to play whilst the group does Yoga. Held at HQ every other Wednesday evening. Arrive 7.00pm for refreshments, Yoga 7.15pm – 8.15pm. Cost: £2.50 per adult/teenager aged 13yrs+, £1.50 per child under 13 years. These sessions are being partially funded by Space4Autism to keep the cost to parents/carers down.



COMING SOON: Toddler group – hopefully due to open from September 2014.

Register on the website www.space4autism.com to receive up to date information on events/workshops and much more.

Education Health and Care Plan Assessment and Planning Process Workshops

Cheshire East Council are running several workshops during September and October to explain the Cheshire East approach to the assessment, process and EHC plans and how it will be implemented.

Attendees will be provided with an overview of the EHC assessment and planning process and forms that will replace the current statutory assessment process. The workshop will also cover the key concepts and principles which underpin the legislation including person centered thinking, the importance of the child/young person at the heart of the process and outcome focused assessment.

- Friday 19th September, AM, Crewe Alexandra Football Club
- Tuesday 23rd September, AM, Crewe Alexandra Football Club
- Tuesday 23rd September, PM, Crewe Alexandra Football Club
- Thursday 9th October, AM, Oakenclough Children's Centre, Wilmslow
- Friday 17th October, AM, Crewe Alexandra Football Club

You only need to attend one of the workshops and they are free but booking is essential by sending an e-mail to trainingbookings@cheshireeast.gov.uk with your name and the session you would like to attend. If you cannot e-mail please call 01270 686548 to book.

SPACE4AUTISM meeting. Monday 15th September, 19.30 - 21.30.

Headquarters, 1b Lowe Street, Macclesfield, SK12 7NJ. Fintan Bradley, Cheshire East Council Corporate Manager for Education Strategy is the speaker for this meeting. Fintan has been invited to update you on the changes within Cheshire East for your SEN children 0 - 25 years and the funding streams that are attached. For more information on this event please see www.space4autism.com.

EHC Assessment and Planning Process. Friday 19th September, AM.

Crewe Alexandra Football Club, Gresty Road, Crewe, CW2 6EB. For full details see page 10.

Contact a Family Workshop. Monday 22nd September, 18.30 - 21.30.

Room Four, 58 Legh Street, Golbourne, Warrington, WA3 3PA. See page 8 for full details.

Contact a Family Workshop. Tuesday 23rd September, 10.30 - 13.30.

Room Four, 58 Legh Street, Golbourne, Warrington, WA3 3PA. See page 8 for full details.

EHC Assessment and Planning Process. Tuesday 23rd September, AM.

Crewe Alexandra Football Club, Gresty Road, Crewe, CW2 6EB. For full details see page 10.

EHC Assessment and Planning Process. Tuesday 23rd September, PM.

Crewe Alexandra Football Club, Gresty Road, Crewe, CW2 6EB. For full details see page 10.

Little Stars Group. Thursday 25th September, 10.00 - 12.00.

Sandbach Children's Centre, Crewe Road, Sandbach, CW11 4NS. A group for families with children with additional needs. Please contact the centre on 01270 371235 for further information.

Disabled Children's Database (DCD) monthly coffee morning.

Wednesday 1st October, 10.30 - 12.30.

Shopmobility, Churchill Way, Macclesfield, SK11 6AY. Enabling Parent Carers to get together for a coffee and chat whilst accessing information from the Carers Centre - they often invite speakers and have information on local services readily available. The meetings in Crewe are on the first Monday of every month and in Macclesfield on the first Wednesday. Janet Threader, Cheshire East Autism Team's Family Liaison Officer, tries to attend all coffee mornings to offer support to families who would like to speak to her face-to-face. No need to book just call in! For more information please contact DCD by tel 01606 828151 ext 8 or e-mail dcd@cheshirecarerscentre.org.uk.

Cheshire Down Syndrome Support Group. Friday 3rd October, 10.00 - 12.00.

Cheshire Academy, Broad Street, Crewe. Cheshire Down Syndrome support group are running a monthly pre-school play group. If you have a pre school child with downs or have a prenatal diagnosis please contact the group for more info or just turn up! For further information please e-mail admin@cdssgroup.org.uk or visit www.cheshiredownssyndrome.com.

Disabled Children's Database (DCD) monthly coffee morning. Monday 6th October, 10.30 - 12.30.

Cheshire Carers Centre Crewe Office, Brierley Street, Crewe CW1 2AZ. For more details see 1st October.

Parent Carer Forum: Parents Speaking up for Their Children.

Wednesday 8th and 15th October, 10.00 - 14.30.

Middlewich Community Church, Brooks Lane, CW10 0JG. For more details see page 7.

EHC Assessment and Planning Process. Thursday 9th October, AM.

Oakenclough Children's Centre, Colshaw Drive, Wilmslow, SK9 2PZ. For full details see page 10.

EHC Assessment and Planning Process. Friday 17th October, AM.

Crewe Alexandra Football Club, Gresty Road, Crewe, CW2 6EB. For full details see page 10.

SPACE4AUTISM meeting. Monday 20th October, 19.30 - 21.30.

Headquarters, 1b Lowe Street, Macclesfield, SK12 7NJ. For more information on this event please see www.space4autism.com.

CEIAS Early Years Event. Wednesday 22nd October, 10.00 - 14.00.

St Peter's Church Hall, School Lane, Elworth, Sandbach CW11 3HU. Full details on page 3.

Little Stars Group. Thursday 30th October, 10.00 - 12.00.

Sandbach Children's Centre, Crewe Road, Sandbach, CW11 4NS. For more details see 25th September.

Disabled Children's Database (DCD) monthly coffee morning.

Monday 3rd November, 10.30 - 12.30.

Cheshire Carers Centre Crewe Office, Brierley Street, Crewe CW1 2AZ. For more details see 1st October.

Disabled Children's Database (DCD) monthly coffee morning.

Wednesday 5th November, 10.30 - 12.30.

Shopmobility, Churchill Way, Macclesfield, SK11 6AY. For more details see 1st October.

Cheshire Down Syndrome Support Group. Friday 7th November, 10.00 - 12.00.

Cheshire Academy, Broad Street, Crewe. For more details see 3rd October.

Parent Carer Forum: Parent and Carer Forum Meeting. Wednesday 13th November, 19.00 - 21.00.

Middlewich Community Church, Brooks Lane, CW10 0JG. For more details see page 7.

SPACE4AUTISM meeting. Monday 17th November, 19.30 - 21.30.

Headquarters, 1b Lowe Street, Macclesfield, SK12 7NJ. For more information on this event please see www.space4autism.com.

National Anti-bullying Week. Monday 17th - Friday 21st November.

Visit www.antibullyingweek.co.uk for more information.

Kidz up North. Thursday 20th November, 9.30 - 16.30.

EventCity, Barton Dock Road, Manchester, M17 8AS. FREE exhibition dedicated to children and young adults with disabilities and special needs, their families and the professionals who work with them. For full details visit www.disabledliving.co.uk/Kidz/North.

Little Stars Group. Thursday 27th November, 10.00 - 12.00.

Sandbach Children's Centre, Crewe Road, Sandbach, CW11 4NS. For more details see 25th September.

Disabled Children's Database (DCD) monthly coffee morning. Monday 1st December, 10.30 - 12.30.

Cheshire Carers Centre Crewe Office, Brierley Street, Crewe CW1 2AZ. For more details see 1st October.

Disabled Children's Database (DCD) monthly coffee morning. Wednesday 3rd December, 10.30 - 12.30.

Shopmobility, Churchill Way, Macclesfield, SK11 6AY. For more details see 1st October.

Cheshire Down Syndrome Support Group. Friday 5th December, 10.00 - 12.00.

Cheshire Academy, Broad Street, Crewe. For more details see 3rd October.

SPACE4AUTISM meeting. Monday 15th December, 19.30 - 21.30.

Headquarters, 1b Lowe Street, Macclesfield, SK12 7NJ. For more information on this event please see www.space4autism.com.

**Our next newsletter will be out in
January 2015.**

**Please send us your good news stories
and items for the next edition by
Friday 28th November.**



**Cheshire East
Information Advice
& Support**