



**Cheshire East Information  
Advice and Support  
(CEIAS) team**

**Information leaflet for  
Children and young people**

## **Education Health and Care Plans Explained**

Children and young people who need extra help with learning/accessing learning may need an Education, Health and Care plan. Sometimes these are called EHC plans.

The plan will use information from your EHC Needs Assessment to say what you want to achieve and what support must be provided to help you. Your teachers and other people who help you in school or college can use the EHC plan to make sure you're getting the right support.

### **What is in an EHC plan?**

Everyone will have a different plan because it is all about you; we are all different.

It will have information like:

- Who you are
- How you communicate
- What you want to achieve
- Why you need help with things
- What kind and amount of support you need, and how often you must get it
- Where you go to school or college (if you do)

Once this support is written down in the plan a copy of the plan must be given to you.

You have the right to say what kind of information you think should be in your plan and who you want to see it.

### **Who gets an EHC Plan and how long are they for?**

If you are aged 25 years or under and you need extra help with learning then you might get a plan to help you get more support. If it is thought that you might need support an EHC Assessment will take place. This will then identify if an EHC Plan is needed or not.

If you have an EHC plan it will be reviewed every year. It could carry on until you are 25 years old.

The Plan will stop if:

- You go to University
- You get a job
- The local authority think you do not need it anymore: they might say that you do not need an EHC plan anymore if there are big changes that mean you no longer need the support in the plan. They will tell you first.

### What if you do not agree that the plan should stop?

The Local Authority review EHCPs every year. They might say that you do not need an EHC plan anymore if there are big changes that mean you no longer need the support in the plan. They will tell you first.

If you do not agree then you can say so. You can tell the Local Authority what you think about your plan and they must listen to you.

### Where can I find out more?

To find out more about EHC plans, go to:

[What is an Education, Health and Social Care \(EHC\) plan? \(updated 2019\) - YouTube](#)

To watch a clip about Annual reviews of an EHCP go to:

[https://www.youtube.com/watch?v=q4w\\_bnGMHvQ](https://www.youtube.com/watch?v=q4w_bnGMHvQ)

Cheshire East's Local Offer website:

Information about education, health and social care services and support for children and young people (0-25) with special educational needs and disabilities (SEND).

<https://www.cheshireeast.gov.uk/livewell/livewell.aspx>

	<p>Cheshire East Information Advice and Support (CEIAS)</p> <p>Website: <a href="http://www.ceias.cheshireeast.gov.uk">www.ceias.cheshireeast.gov.uk</a></p> <p>Telephone: <b>0300 123 5166</b></p>
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